

Interreg

Greece-Bulgaria

e-SOHECA

European Regional Development Fund



EUROPEAN UNION



The Project is co-funded by the European Regional Development Fund (ERDF)
and by national funds of the countries participating in the
Interreg V-A “Greece-Bulgaria 2014-2020” Cooperation Programme.



INTERREG V-A “GREECE - BULGARIA 2014 – 2020” COOPERATION PROGRAMME

PROJECT BENEFICIARY:

MUNICIPALITY OF NESTOS

PROJECT:

e-Social Health Care (e-SOHECA)

OPERATION:

**Del.1.1.4_ Workshops (Experts to provide expertise during
the workshops-2 workshops)**

BUDGET:

2.000,00 € (ERDF:1.700,00€ | National Funds: 300,00€)

WEB-SITE:

<https://www.e-socialhealthcare.eu/>

The contents of these publications are sole responsibility of The Municipality of Nestos and can in no way be taken to reflect the views of the European Union, the participating countries, the Managing Authority and the Joint Secretariat.

Del.1.1.4_ Workshops (Experts to provide expertise during the workshops-2 workshops)

1st Workshop

The 1st workshop was implemented in September 2019. Below is a detailed presentation of the information material from the 1st workshop.



Promoting social inclusion, combating poverty and any discrimination

**“ e-Social Health Care”
– e-SOHECA –**

Minutes of the Workshop

18th September 2019

Municipality of Nestos, Greece



Minutes of Workshop 18th September 2019 - Municipality of Nestos

Summary

The Workshop was held on 18th of September 2019 into the premises of the Municipality of Nestos where representatives of Municipalities of Nestos, Topeiros and Zlatograd as well as external experts participated.

In the beginning, Mayor of Municipality of Nestos, Mr. Savas Michailidis, welcomed all the participants to the Town Hall and pointed out the importance of the e- SOHECA project and all the Co operational projects that the Municipality is taking place. The Mayor also pointed out the importance of the workshop in order the new representatives of the Municipality of Nestos to get informed about the e-SOHECA project and set up the target of the successful completion with as much benefits as possible to the habitants of Nestos.

After the welcome of the Mayor, external experts from PLEGMA S.A. demonstrated the e-SOHECA project overview, the status of the project today, the difficulties that occurred during its implementation and the importance to renew the time schedule of the project and to request for a small three month extension of the project.

Afterwards external expert, Mr. Dimitriadis demonstrated live the key components of the e-Health Care system, the medical equipment and the hardware that accompanies it and is already delivered to all the Municipalities that are involved in the e-SOHECA project. Mr. Dimitriadis demonstrated the delivered Medical Equipment, counted all the delivered Hardware and made test measurements to his own, to demonstrate to the participants the upload process to the e-Health Care system.

Throughout those above three sessions, participants like doctors, nurses and social personnel from the Municipalities of Nestos and Topeiros where some of them are already working with the system and some will get involved soon, participated actively, asking questions and showing interest regarding the whole system. Worth mentioning was the interest that the new elected counselor of the Mayor of Nestos, doctor Ms. Maria Gatoula, stated about the system and the delivered equipment. She also proposed places where the rest (not already installed) equipment can be installed, some of them on seasonal basis and helped out the whole conversation to become productive from an experts perspective.

The workshop continued with the demonstration of the Status of each Project Beneficiary. For the Municipality of Nestos, the new project manager and contact person for the project, Mr. Ioannis Mpoutos, demonstrated the status of the project and the remaining actions of Nestos. For the Municipality of Topeiros, Mr. John

Siamidis informed the participants about the works that took and are going to take place in PB2's area. Finally, Ms Elmira Boyanova Ugerlieva briefly presented viaSkype the status of the

Municipality of Zlatograd and pointed out some difficulties that occurred throughout the implementation process. She also stated the importance of a small extension of the project and a small budget modification, in order PB3 to be able to finalize some important for the Municipality deliverables like the Ambulance which was procured but no contractor interested.

In the final session of the Workshop, where only the project managers from the Greek Beneficiaries and the external experts participated, an in depth cooperation took place which ended up in the following proposals for the implementation of the project:

In general perspective

- As the works are in progress, the initial the goal of social inclusion and reduction of the discrimination against the habitants of Cross-Border areas, enhanced and strengthened with the contribution of all the participants.
- The target group of the project will be all of the habitants of the areas among the borders of each Project Beneficiary and there will be a strong contribution from each Municipality to try to develop a web medical file for each habitant.
- The first medical equipments that each Beneficiary is going to provide to the citizens will be given after the appropriate training, to elderly habitants and their relatives, provided they have internet connection in their homes.
- Each Municipality is going to organize social actions, in order to create web medical files for the participants that they don't have medical equipments at home and help them make their measurements in order to maintain their medical files. Some proposals were given from the Municipality of Topeiros which involved the sport clubs of the Municipality and some other from Municipality of Nestos, in order to make parallel actions, e.g. during the blood donation days, which will take place in the Municipality.
- There will be some changes in the places of the installation of the remaining Hardware and Medical equipments in the Municipality of Nestos in order to become more functional for the doctors and the Teams.

In managerial perspective

The new LB's and PB2's representatives decided to speed up their work and progress in order to finalize the project as soon as possible and proceed to Verifications of the amounts that are already spend.

- A request for three months extension of the project and a small budget modification of PB3's deliverables will be requested from the JS in order each Beneficiary to successfully complete the e-SOHECA project.
- A new time schedule was established, taking into account the requested time extension of the project.
- Dissemination works which was postponed until the new elected Municipalities

authorities in Greece take on, will proceed and inform the public for the e-SOHECA project. For this, all the dissemination material will be produced.

A more detailed analysis and the workshop schedule and presentations that took place can be found in the next sections.

Workshop Schedule

Wednesday 18 September 2019		
10:00 - 10:30	Registration	
10:30 - 10:40	Welcome to the Participants Municipality of Nestos	Mr. Savas Michailidis Mayor of Nestos
10:40 - 11:00	Project Scope, Achievements and Difficulties The overall progress of e-SOHECA and the remaining works	PLEGMA S.A.
11:00 - 12:00	Presentation of the e-Health System (e-SOHECA system) Hardware - Medical Equipments - Application	Mr. Dimitriadis
12: 00 - 12:30	Coffee Break	
12:30 - 13:00	Status of the Project of Municipality of Nestos (LB)	Municipality of Nestos
13:00 - 13:30	Status of the Project of Municipality of Topeiros (PB2)	Municipality of Topeiros
13:30 - 14:00	Status of the Project of Municipality of Zlatograd (PB3)	Municipality of Zlatogard
14: 00 - 14:30	Coffee Break	
14:30 - 17:00	Organization of the remaining tasks of the Project Procedures according to project implementation manual Verifications Budget modifications Final establishment of the time schedule of the project. Request to JS for time extension	All partners



1st Workshop “ e-Social Health Care”

The Municipality of Nestos is inviting you to attend

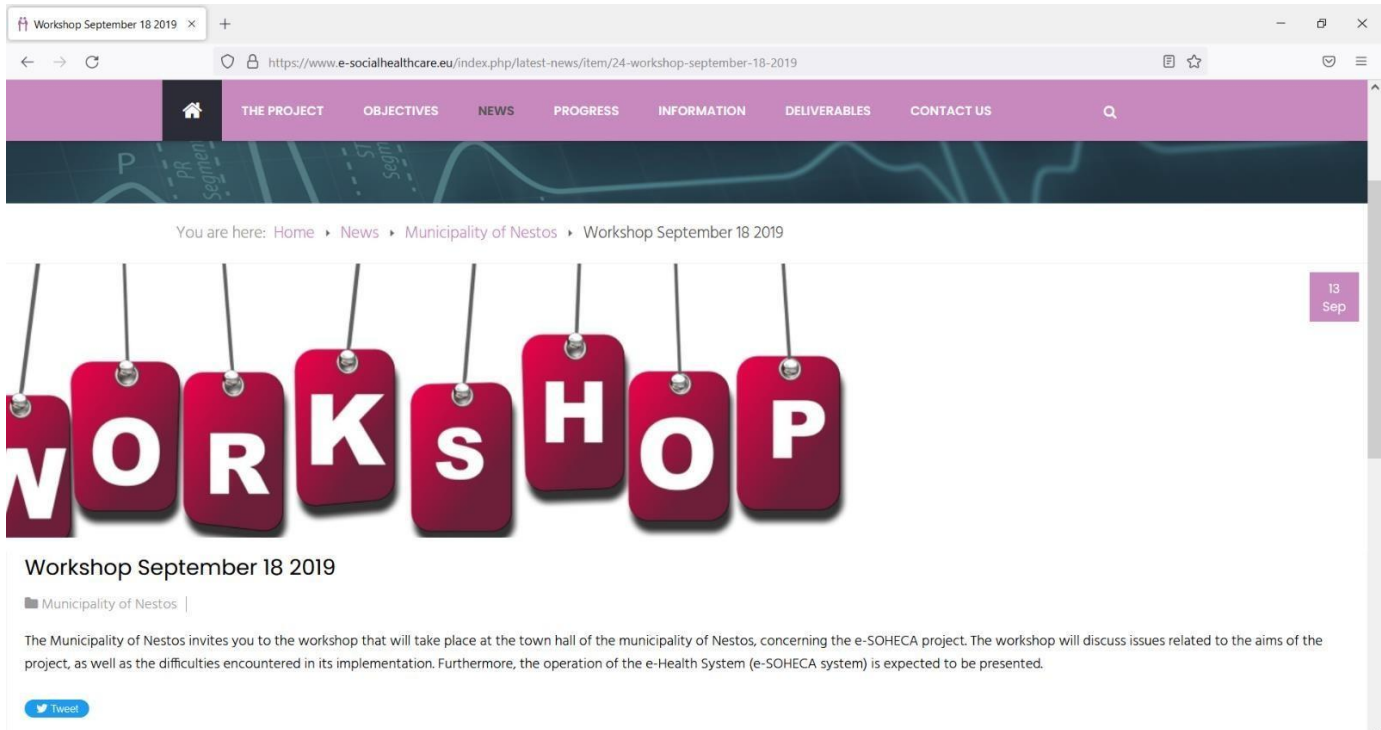
the 1st Workshop of the **e-SOHECA** project

on Wednesday, September
18, 2019, at 10:00 am

at the premises of The Municipality of Nestos

The Project is co-funded by the European Regional Development Fund (ERDF) and by national funds of the countries participating in the Interreg V-A “Greece-Bulgaria 2014-2020” Cooperation Programme.

Announcement of the Workshop



The screenshot shows a web browser window with a single tab titled "Workshop September 18 2019". The address bar displays the URL: <https://www.e-socialhealthcare.eu/index.php/latest-news/item/24-workshop-september-18-2019>. The website has a purple header with a navigation menu containing links: THE PROJECT, OBJECTIVES, NEWS, PROGRESS, INFORMATION, DELIVERABLES, and CONTACT US. Below the header is a banner image with a dark background and light blue lines. A breadcrumb trail reads: "You are here: Home > News > Municipality of Nestos > Workshop September 18 2019". The main content area features a large graphic of the word "WORKSHOP" in white capital letters on red rectangular tags hanging from black strings. To the right of this graphic is a small purple box with the text "13 Sep". Below the graphic, the title "Workshop September 18 2019" is followed by a sub-header "Municipality of Nestos". The main text of the announcement states: "The Municipality of Nestos invites you to the workshop that will take place at the town hall of the municipality of Nestos, concerning the e-SOHECA project. The workshop will discuss issues related to the aims of the project, as well as the difficulties encountered in its implementation. Furthermore, the operation of the e-Health System (e-SOHECA system) is expected to be presented." At the bottom left of the text area is a blue "Tweet" button.

Link: <https://e-socialhealthcare.eu/index.php/latest-news/item/24-workshop-september-18-2019>

Announcement of the Workshop in the press

← → ↻ ⌂ Not secure | neapolisnews.gr/ιατρική-τηλεφροντίδα-με-έξυπνες-συσκευές/

NEAΠΟΛΙΣ
NEWS

ΠΟΛΙΤΙΚΗ ΟΙΚΟΝΟΜΙΑ ΚΟΣΜΟΣ ΠΟΛΙΤΙΣΜΟΣ ΕΠΙΣΤΗΜΗ ΑΘΛΗΤΙΣΜΟΣ ΔΙΑΚΟΠΕΣ ΣΤΗΝ ΘΑΣΟ ΡΑΔΙΟΦΩΝΟ

NEAΠΟΛΙΣ
Radio 90,8 FM
ΑΚΟΥΣΤΕ ΖΩΝΤΑΝΑ

Ιατρική τηλεφροντίδα με έξυπνες συσκευές μέτρησης δεδομένων υγείας του πληθυσμού, με τη χρήση ίντερνερντ

Αναρτήθηκε στις 18/09/2019



Την Τετάρτη 18 Σεπτεμβρίου 2019 πραγματοποιήθηκε στην αίθουσα του Δημοτικού Συμβουλίου Νέστου συνάντηση εργασίας των εταιριών του έργου e-SOHECA που είναι οι Δήμοι Νέστου, Τονείρου και Ζήλατογκραντ και υλοποιείται στο πλαίσιο του προγράμματος Interreg Greece-Bulgaria. Η σύσκεψη διοργανώθηκε από το Δήμο Νέστου. Ο Δήμαρχος κ. Σάββας Μιχαηλίδης καλωσόρισε τους συμμετέχοντες και ανέφερε μεταξύ άλλων πως γίνεται κάθε αναγκαία ενέργεια για την όσο το δυνατόν καλύτερη αποτελεσματικότητα του έργου. Το e-SOHECA αφορά την ιατρική τηλεφροντίδα με έξυπνες συσκευές μέτρησης δεδομένων υγείας του πληθυσμού με τη βοήθεια και τη χρήση νέας

ΕΠΙΛΕΓΜΕΝΑ ΝΕΑ

Αναρτήθηκε 11 Μαΐου 2022
Επίσκεψη του Δημάρχου Καβάλας, Θ. Μουριάδη, στην Έκθεση του 4ου ΕΠΑΛ Καβάλας

Αναρτήθηκε 9 Μαΐου 2022
Επεργεον - Νέα ανακάλυψη κοιτάσματος φυσικού αερίου με την γεώτρηση «Αθηνά» στο Ισραήλ

Αναρτήθηκε 9 Μαΐου 2022
Στην ΠΟΛΙΤΙΚΗ ΕΠΙΤΡΟΠΗ της ΝΔ, Σταυρίδου και Παπαντζίδης

Αναρτήθηκε 7 Μαΐου 2022
Εγκρίνεται η έκθεση του Συλλόγου Μικρασιατών Καβάλας και του Μουσείου Προσφυγικού Ελληνισμού «Παιδί και Οικογένεια»


Αναρτήθηκε 2 Μαΐου 2022
Ο Βύρωνας, μετά από μια συναρπαστική αναμέτρηση, κέρδισε με 1-0 και αναδείχτηκε κυπελλούχος της ΕΠΣΚ

Αναρτήθηκε 2 Μαΐου 2022
Εκοιμήθη ο Σεβασμιότατος Μητροπολίτης Δράμας Παύλος

Αναρτήθηκε 20 Απριλίου 2022
ΚΑΒΑΛΑ - Μια καλή πράξη

ΕΦΗΜΕΡΙΔΑ ΝΕΑΠΟΛΙΣ

ΣΕΦΥΛΛΙΣΤΕ ΤΗΝ ΕΦΗΜΕΡΙΔΑ



ΜΕΛΟΣ ΤΟΥ



Link to announcement: [Press release neapolisnews.gr](https://neapolisnews.gr/press-release)

Welcome to the Participants

The welcome to the participants was given to the conference room of the Town Hall by the Mayor of the Municipality of Nestos Mr. Savas Michailidis. The Mayor stated the importance of the workshop and the need of all the new elected members of the Municipal Authority to get informed about the scope of the project, the actions that have already taken place and the forthcoming actions.

Also, the Mayor stated his will to continue and finalize the e-SOHECA project mentioning that, with the successful finalization of the project, there will be an extra added value for the Municipality and the citizens of Nestos and the Municipalities of Topeiros and Zlatograd as well.

Finally, the Mayor stated that the Municipality will take care of every action is needed to make the project as efficient as possible.



Picture 1: Del.1.1.4_ Workshops (Experts to provide expertise during the workshops-2 workshops)-1st Workshop 09/2019

Project Scope, Achievements and Difficulties

During this session, the CEO of PLEGMA S.A. Mr. Dionysis Kallikourdis presented the overall scope of the project through a presentation that took place during the kick off meeting of the e-SOHECA project. Throughout the presentation, Mr. Kallikourdis posted that there were no changes in the initial scope and the objectives of the project. However, having the experience of the implementation of the project and the difficulties that occurred during cooperation with doctors, nurses and volunteers throughout the pilot phase of the project, mentioned that there will be a slightly change in the target group and the initially submitted Spots.

More particularly:

- a. The target group will be citizens of the Project Beneficiaries area, but the elderly people will have to be chosen over the criteria of:
 - Having health problems and having the necessity of medical monitoring in remote locations far from the medical centers.
 - Having a knowledge and ability, after some training sessions, to work with the cutting edge medical equipment that will be provided to them, or a responsible person of them to take care of the measurements.
 - Having a stable internet connection with supported WiFi at home.
- b. The Spots will be chosen in a more efficient way, in order to cover as much population as possible.
- c. With the usage of laptops and tablets, remote Teams will enhance their action helping as much citizens as possible and maintain for them a health medical file.

The central scope for the implementation of a medical file for almost every citizen of the area remained and moreover strengthened through the suggestions and the proposals of the participants of the workshop.

Attached the Presentation e-Social Health Care Project.pptx

Presentation of the e-Health System (e-SOHECA system)

During this session, the e-SOHECA system and its key components was demonstrated to the participants. The demonstration was given by Mr. Dimitriadis who is responsible for the installation and the testing of the system as well as the training of all the users of the system.

In the beginning Mr. Dimitriadis informed the participants about the Hardware and the Medical equipments that are already delivered to all the Project Beneficiaries and afterwards, explained the Software, its components and the connectivity that provides with the devices. It is worth mentioning that there was a huge interest from all the participants about this presentation and everybody was active, asking questions about the devices, the hardware and the software.

Finally, Mr. Dimitriadis, made a demonstration with a 15" Laptop PC (equipped with Special Social Care Platform), a tablet responsible for sending data to the e-SOHECA system via Wi-Fi 3G/4G and a medical equipment that will be provided to the citizens which is able to measure multiple parameters including blood pressure, pulse, pulse regularity, temperature meter, SPO2 respiratory rate, 1 -lead ECG, by making some test measurements in himself and passing those data successfully to the e-SOHECA system.

Attached below the presentation of Mr. Dimitriadis (in Greek)

Municipality of Nestos-Summary of the project

Tender - Hardware & Medical Equipment's
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- Tender 4.1. Hardware -The following have been delivered and paid for:
 - 22" Touchscreen PC (10 pieces)
 - 15" Laptop PC (6 pieces)
 - Professional Laser Printer (10 pieces)

They have also delivered the additional equipment for the Municipality of Nestos which is:

- One (1) multichannel oscilloscope and four (4) defibrillators.

The equipment in the Municipality of Nestos and has been checked for proper operation.

The software has been installed on part of the equipment that was required and the interface of the medical machines has been done to check the proper functioning of the central system.

Locations of installation of the machines (spot).

Regional Clinics, Open Care Centre for the Elderly and "Help at Home" centers

Municipal Unit of Chrysoupoli

Perni- Paradeisos-Eratino- Chrisochori

Municipal Unit of Orino

Lekani-Makrychori

Municipal Unit of Keramoti

Nea Karya -Keramoti

Open Care Center for the Elderly of Chrysoupoli

Chrysoupoli-Kentriko

«Help at Home»

Chrysoupoli

Lekani

KIFI

Chrysoupoli

Hardware - Materials

- They have been installed - complete equipment (PC - Printer - tablet - medical equipment) and all settings have been made in the following points:
- Chrisochori-Nea Karia, Open Care Center for the Elderly of Chrysoupoli
- The equipment has been installed in the KIFI of Chrysoupolis but it has not been installed as there are thoughts of changing the building (Municipality issue).

Software

- A presentation and the first training to the doctors in Nea Karya and Chrisochori of the project and the medical equipment has been made.
- A presentation and the first training have been made to the employees of the Municipality, Mrs. Irini Kostoglou and Despina Bougali at the KAPI of Chrysoupolis.
- A second training was given to the same ladies who have begun registering the Municipalities. The database is updated daily and the goal is to register all Citizens. Notes: It remains to install the remaining signs, but this can be done at the discretion of the City and the designated project manager.
- The development of the project has to do with the additional training of the 2 ladies at the KAPI of Chrysoupolis, as many other users as the Municipality determines and the doctors who staff the clinics.

The delivery of other equipment to citizens and social services is the last part where it will be done with the help of the Municipality's employees (KAPI and social services) who will be fully trained and will be able to guide citizens in the proper use of the medical equipment that will be delivered to them.

Tender - Hardware & Medical Equipment's
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Municipality of Topeiros - Project summary

- Tender 4.1. Hardware - The following have been delivered:
 - 22" Touchscreen PC (4 pieces)
 - 15" Laptop PC (1 piece)
 - Professional Laser Printer (4 pieces)
- The equipment has been delivered to the Municipality of Topeiros and has been checked for proper operation.
- The software has been installed on part of the equipment that was required and the interface of the medical machines has been done to check the proper functioning of the central system.

Locations of installation of the machines (spot).

Rural Medical Clinics, Toxotes-Evlalo (Municipality Headquarters) Erasmio and Olvio.

The equipment was checked and installed for testing in the office of the project manager Mr. Siamidis for safety reasons, until the additional installations (internet - wiring - maintenance work) in the clinics.

Software

- A presentation and the first training have been made to the Engineers of the Municipality of Topeiros, Mr.
- A presentation and the first training have been made to 2 employees of the Municipality belonging to the department of social services, Mrs. Irini Haritonidou and Dora Lazaridou who register the citizens.

- A second training was given to the same ladies who have begun registering the Municipalities. The database is updated daily and the goal is to register all Citizens.
- The development of the project has to do with the addition of as many other users as the Municipality determines and the doctors manning the clinics.

The delivery of other equipment to citizens and social services is the last part where it will be done with the help of the Municipality's employees (and social services) who will be fully trained and will be able to guide citizens in the proper use of the medical equipment that will be delivered to them.

Municipality of Zlatograd - Project summary

Tender - Hardware & Medical Equipment's
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- Tender 4.1. Hardware - The following have been delivered:
 - 22" Touchscreen PC (3 pieces)
 - 15" Laptop PC (4 pieces)
 - Professional Laser Printer (3 pieces)
- The equipment has been delivered to the Municipality from the Bulgarian market and a first check has been made for its proper functioning.
- The medical equipment which was transported by Mr Demetriades by road from Greece to Bulgaria has been delivered.
- The software has been installed on part of the equipment (20 tablets) that was required, as these were also purchased in Bulgaria and had to be configured and the software for communication and interface with the medical equipment had to be installed.

Locations of installation of the machines (spot).

They will be determined by the City, as will the employees who will staff the positions.

Status of the Project of the Municipality of Nestos, Topeiros & Zlatograd

After a coffee break, the sessions continued with an in depth presentation of the works that were made so far by each Project Beneficiary.

In the beginning, Mr. Ioannis Mpoutos presented the status of the project and the remaining actions of the Municipality of Nestos and stated the will of the Municipality to finish the installations of the hardware and the medical equipments to the remaining Spots and finalize the dissemination and training actions as soon as possible.

Afterwards, Mr. John Siamidis, presented the status and the remaining actions that the Municipality of Topeiros has to accomplish. In the Municipality, some training actions are already begun and the Spots are already chosen and all the remaining works in the Municipality of Topeiros will soon be finalized.

Finally, Ms Elmira Boyanova Ugerlieva presented briefly via Skype the status of the Municipality of Zlatograd and pointed out some difficulties that occurred throughout the implementation process. She also stated the importance of a small extension of the project and a small budget modification, in order PB3 to be able to finalize some important for the Municipality deliverables like the Ambulance which was procured but no contractor interested. Also, Ms Ugerlieva stated the will to end all the actions and the installations that are part of the e-SOHECA system as soon as possible.

Attached bellow the presentations for each Project Beneficiary

Municipality of Nestos-Summary of the project

Tender 1 - Preparation & Project Management

D.1.1.1 Preparation Activities: closed

- They covered the submission of the proposal and all activities from 2015 until the signing of the contract (6/2018).

D.1.1.2 Project Management: Ongoing

- Minutes of meetings
 - Minutes for each meeting held (kick-off meeting, extraordinary meetings) and to be held (today's workshop, workshops, closeout meeting etc.)
- Progress Report (one per 6 months)
 - It concerns progress reports on the whole project, which are sent to the Municipality for approval and then to the Managing Authority. As many as required by the programme have been sent as well as extraordinary ones.
- Project modification - re estimation
 - Two have already taken place and more may emerge after today's meeting.
- Budget requests
 - Everything that is required has been done.
- Tenders & technical specifications
 - It is closed. All the projects have been put out to tender.
- Final report
 - It will take place at the end of the project.

Tender 2 - Dissemination & Studies

D.2.1.1 Website - Website - Developed and located at www.e-socialhealthcare.eu

- It needs constant maintenance and renewal until the end of the project.

D.2.1.2 Newsletters

- Must be sent (4 circles). It is a matter for today's meeting.

D.2.1.2 Leaflets

- It will be developed directly. It is the subject of today's meeting.

D.1.1.4 Workshops

- Today is the last one for the Municipality of Nestos

D.2.1.3 Conference

- The subject of today's meeting.

D.2.1.4 Kick off - Close out meetings

- The kick off meeting was held on the November of 2017.
- There is still the Close out meeting, which will take place at the end of the project.

D.3.1.2 Establishment of the national and regional standards regarding the legal framework of e-Social Health Care in Greece, Bulgaria and the EU. - In Development.

- Study on e-health legislation in Greece - Bulgaria and European Union directives.

D.3.1.3 Studies to assess the international trends regarding e-Social Health Care Practices and incorporate them into the project - Immediate Start

Study on e-health legislation in Greece - Bulgaria and European Union directives.

D.3.1.3 Studies that will help the establishment of the common practices in Greece and Bulgaria regarding e-Social Health Care

- Study of e-health practices and legislation in other European countries.

D.3.1.4 Studies which will contribute to a Common Integrated Access Plan and a Common Model health care system for all partners referring to the specific procedures that need to be carried out.

- Study of e-health practices and legislation in other European countries.

New Approvals

D.3.1.2 - D.3.1.5 Lawyer Costs

- Recently approved and involves Legal Office services for the development of the above Studies.

D.2.1.1. Updating the website

- It was recently approved. It has been implemented by PLEGMA, informally, since the beginning of the project development.

D.6.1.1. Contribution to the training and the running of the System

- Recently approved for Technical Support and operation of the project.

Tender 3 - Infrastructure Works

- They concern the modernization of the Clinics in Monastiraki, Karya and Pigi

- The work has been commissioned and completed, they have been invoiced, we do not know if they have been paid.

Tender 4 -Hardware & Medical Equipments

- Tender 4.1. Hardware - The following have been delivered and paid for:
 - 22" Touchscreen PC (10 pieces)
 - 15" Laptop PC (6 pieces)
 - Professional Laser Printer (10 pieces)
- Tender 4.2. Medical Equipments - Have been delivered and paid part of:
 - A medical equipment for Social Care Spots measuring multiple parameters including blood pressure, pulse, pulse regularity, temperature meter, SPO2 respiratory rate, 1 - lead ECG (39 pieces)
 - Glucometer (16 pieces)
 - Professional weight scale (10 pieces)
 - Tablet to send the measured data to the Web Health - Social Care Platform (29 pieces)
 - Defibrillator HeartSine Samaritan PAD 360P Fully Automatic (4 pieces)
 - Cardiographer Smart ECG 601C (1 piece)
 - Consumables

They have been invoiced for the full amount of their purchase and are in the process of payment.

Tender 5 - Software & Training

- Pilot Operation - Has been delivered, tested and paid for.
 - It concerns the installation of software on part of the equipment and the interconnection of medical machines to check the proper functioning of the central system.
 - Training to selected users
 - A demonstration will follow
- Full function
 - It concerns the installation of the software on all equipment, the installation in the remaining Spots and the delivery of other equipment to citizens and social services.
 - Training of all users - project stakeholders
 - Delivery and control of the good functioning of the project
- Types of training
 - D.6.1.1 Training of staff, volunteers etc. regarding common working guidelines of e-Social Health Care
 - D.6.1.2 Training of Citizens regarding the utilization of the medical equipment
 - D.6.1.3 Training of Staff regarding the proper utilization of the medical equipment
 - D.6.1.4 Training of staff regarding the proper utilization of the Web Health System
 - D.6.1.5 Training of staff and citizens for the appropriate utilization of the application
- 70% of the project has been invoiced and is in the process of payment.

Municipality of Topiros - Project summary

Tenderl - Project Management & Dissemination

D.1.2.3 Project Management: ongoing

- Minutes of meetings
 - Minutes for each meeting held (kick-off meeting, extraordinary meetings) and to be held (workshops, closeout meeting, etc.)
- Progress Report (one per months6)
 - It concerns progress reports on the whole project, which are sent to the Municipality for approval and then to the Managing Authority. As many as required by the programme have been sent as well as extraordinary ones.
- project rescheduling
 - Scheduling of project work. It has been done several times due to extensions and lack of available resources during the project. A new one is expected after today's meeting.
- Budget requests
 - Everything that is required has been done.
- Tenders & technical specifications
 - It is closed. All the projects have been put out to tender.
- Final report
 - It will take place at the end of the project.

D.2.2.2 Newsletters

- Must be sent (2 circles). It is a matter for today's meeting.

D.2.2.2 Leaflets

- It will be developed directly. It is the subject of today's meeting.

D.2.2.3 Conference

- The subject of today's meeting.

D.3.2.1 Assessment regarding the e-Social Health

- It has been completed.

New Approvals

D.2.2.1. Updating the website

- It was recently approved. It has been implemented by PLEGMA, informally, since the beginning of the project development.

D.5.2.1. Ensure the proper running of the System

D.5.2.2. Support to the citizens

- They were recently approved for the technical support and operation of the project.

Tender2 - Air Conditions

- They have been received, checked and paid.
- They have been installed in the Spots

Tender3 -Hardware & Medical Equipment

- They have been delivered and paid in part:
 - 22" Touchscreen PC (4 pieces)
 - 15" Laptop PC (2 pieces)
 - Professional Laser Printer (4 pieces)
 - A medical equipment for Social Care Spots measuring multiple parameters including blood pressure, pulse, pulse regularity, temperature meter, SPO2 respiratory rate, 1-lead ECG (36 pieces)
 - Glucometer (6 pieces)
 - Professional weight scale (4 pieces)
 - Tablet to send the measured data to the Web Health - Social Care Platform (32 pieces)
 - Consumables
- The full amount of their purchase has been invoiced and is in the process of payment.

Tender4 - Application Software & Training

- Update of the existing system - It has been delivered, tested and paid for.
- Pilot Operation - Has been delivered, tested and paid for.
 - It concerns the installation of software on part of the equipment and the interconnection of medical machines to check the proper functioning of the central system.
 - Training to selected users
 - A demonstration will follow
- Full function
 - It concerns the installation of the software on all equipment, the installation in the remaining Spots and the delivery of other equipment to citizens and social services.
 - Training of all users - project stakeholders
 - Delivery and control of the good functioning of the project

- Types of training
 - D.6.2.2.2 Training of Staff regarding the proper utilization of the medical equipment
 - D.6.2.3 Training of Citizens regarding the utilization of the medical equipment
 - D.6.2.4 Training of staff regarding the proper utilization of the Web Health System
 - D.6.2.5 Training of staff and citizens for the appropriate utilization of the application

75% of the project has been invoiced and is in the process of payment.

Municipality of Zlatograd

T1: Project Management

Total Budget **14 600,00 €** contracted on **29/12/2017**

Paid amount until 28/02/2019: 7 300,00 €	
Deliverables covered	Implementation status until 28/02
D.1.3.3 Financial and project management	50%

For payment: 7 300€

T2: Information and publication

Total Budget **6 500,00 €** Contract signed on **08/02/2018**

Amount of proposal **6 500,00 €**

Paid amount until 28/02/2019: 1500,00 €	
Deliverables covered	Implementation status until 28/02
D2.3.2 Newsletters (2 items)	50%
D1.3.4 External experts for the workshops	100%
D2.3.2 Leaflets (10,000)	100%

For payment: 5 000€

T3: Infrastructure - Renovation of Social Care Spots - paid and verified

Total Budget **67 834,68 €** Contract signed on **27/08/2018** Amount of

proposal **67 634,72 €**

Paid amount until 28/02/2019: 64 451,87 €	
Deliverables covered	Implementation
	status until 28/02
D4.3.1 Dismantling of building roof (square meters)	100%
D4.3.1 Dismantling of hanging guttera (meters)	100%
D4.3.1 Dismantling of drain pipes (meters)	100%
D4.3.1 Dismantling of esia	100%
D4.3.1 Dismatnling of drain cisterns	100%
D4.3.1 Making of laying roof construction - partial replacement (cubic meters)	100%
D4.3.1 Making of lath lineron roof for tiles (square meters)	100%
D4.3.1 Covering with asphalt oil-cloth upon plank linerin one layer (cubic meters)	100%
D4.3.1 Liner of roofs with plane (square meters)	100%
D4.3.1 Covering with tiles upon laths (sqyare meters)	100%
D4.3.1 Covering of ridge with lids (meters)	100%
D4.3.1 Breaking of brick chimneys, including taking down of materials (cubic meters)	100%
D4.3.1 Brick columns and separate chiney on limy liquor (square meters)	100%
D4.3.1 Outdoor cement plaster on walls (square meters)	100%
D4.3.1 Shuttering for cowl (square meters)	100%
D4.3.1 Laying of concrete M100 non reinforced (cubic meters)	100%
D4.3.1 liner of chimneys, dormers, shafts, paty walls and tabakeras with galvanised sheet iron 0.5MM (square meters)	100%
D4.3.1 Delivery of montage of front board (meters)	100%
D4.3.1 Hanging gutters of galvanized sheet iron (,eters)	100%
D4.3.1 Removing of windows from wall - all kinds	100%
D4.3.1 Delivery and Montage of PVC windows, sills and net for insects (square meters)	100%
D4.3.1 Delivery and Montage of aluminium showcase (square meters)	100%
D4.3.1 Drain pipes of galvanized sheet iron (meters)	100%
D4.3.1 Esias of galvanized sheet iron	100%
D4.3.1 Drain cisterns of galvanized sheet iron - ordinary	100%
D4.3.1 Removing of indoor water supply (meters)	100%
D4.3.1 Making gutter from 10/10 to 10/20 handmaking in old brick wall(meters)	100%
D4.3.1 Drilling holes in inside walls and slabs	100%

D4.3.1 Canal PVC pipes F50 (meters)	100%
D4.3.1 Delivery of pipe F20 including fason parts fro plumbing (meters)	100%
D4.3.1 Canal PVC pipes F110 including fason parts (meters)	100%
D4.3.1 Dismantling of toilet seats	100%
D4.3.1 Delivery and montage of CK20	100%
D4.3.1 Floor ciphon DN70	100%
D4.3.1 Delivery and montage boiler	100%
D4.3.1 Delivery and montage of monoblock	100%
D4.3.1 Halfporcelain console for wall halforcelain wash basin	100%
D4.3.1 Montage of tap toilet basin	100%
D4.3.1 Fire extinguisher wit water and supplement 91	100%
D4.3.1 Plastered after setting of water suply and canalisation installation	100%

(square meters)	
D4.3.1 Removing of lighting	100%
D4.3.1 Making of gutter from 20/15 to 25/20 handmaking in old brick wall(meters)	100%
D4.3.1 Delivery and Montage of socket	100%
D4.3.1 Delivery and Montage of console box	100%
D4.3.1 Delivery and Montage of lightening box	100%
D4.3.1 Delivery and Montage of electrical boxes	100%
D4.3.1 Delivery and Montage of switches	100%
D4.3.1 Delivery and Montage light for emergency exit	100%
D4.3.1 Delivery and Montage of cabel (meters)	100%
D4.3.1 Montage and fluorescent lamps 4X18VV	100%
D4.3.1 Plastered after setting of electrical installation (square meters)	100%
D4.3.1 Removing of doors from wall - all kinds	100%
D4.3.1 Delivery and Montage of PVS doors 80/200	100%
D4.3.1 Delivery and Montage of PVC doors 70/200	100%
D4.3.1 Delivery and Montage of PVC doors 90/200	100%
D4.3.1 Delivery and montage of PVC door	100%
D4.3.1 Removal of rubelit and other (square meters)	100%
D4.3.1 Facing removal of faience and terracotta slabs on walls and floors(square meters)	100%
D4.3.1 Battered of limy-cement plaster on the roof (square meters)	100%
D4.3.1 Battered of limy-cement plaster on the walls (square meters)	100%
D4.3.1 Faience facing with adhesive (cubic meters)	100%
D4.3.1 Plaster with fiberglass (square meters)	100%
D4.3.1 Turn of windows with gypseous plaster/solid (meters)	100%
D4.3.1 Priming with latex for painting (square meters)	100%

D4.3.1 Double latex paint (square meters)	100%
D4.3.1 Flooring of zlinolit or linoleum (square meters)	100%
D4.3.1 Flooring of terrakot slabs (square meters)	100%
D4.3.1 Flooring of unglazed ceramic slabs (square meters)	100%
D4.3.1 Painting of the walls (square meters)	100%
D4.3.1 Facing with granite slabs on the stairs (meters)	100%
D4.3.1 Fagade pipy scaffoldings (square meters)	100%
D4.3.1 Thermal insulation of facades, including plaster (square meters)	100%
D4.3.1 Facing with granite slabs (square meters)	100%
D4.3.1 Transportation of construction waste (distance 15km), including transfer and loading (cubic meters)	100%
D4.3.1 Covering with tiles upon laths (square meters)	100%
D4.3.1 VAT	100%

T4: Assesment of the current situation regarding e-Social Health Care in Nestos, Topeiros and Zlatograd and Establishment of the national and regional standards regarding the legal framework of e-Social Health Care in Greece, Bulgaria and the EU.

Total Budget **3 500,00 €**

Contracted on **05/12/2018**

The service is possible to be completed 3 months after signing the contract. The Municipality has to pay the provider in 10 days after accepting the service.

For payment: 3 500 €

T5: Hardware - paid

Total Budget **15 854,00 €**

Contracted on **28/12/2018**

Paid amount until 28/02/2019: 15 854,00 €	
Deliverables covered	Implementation status until 28/02
D.4.3.3. 22" Touchscreen PC (equipped with Special Social Care Software)	100%
D.4.3.3. Professional Laser Printer	100%
D.4.3.4. Gateway for sending data to the Web Health - Social Care platform via analog landline.	100%
D.4.3.5. 15" Laptop PC (equipped with Special Social Care Platform)	100%

D.4.3.5. USB adaptor to send the measured data to the Web Health - Social Care Platform	100%
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T6: Ambulance - For payment

Total Budget **45 000,00 €**

T7: Medical Equipments and mammography - For payment

Total Budget: **45 920,00 € for med. equipment and 35 000,00€ for a mammography** / The contract is concluded on :07.06.2019.

T8: Software - For payment

Total Budget: 20 500,00 €

The contract is concluded on 29.05.2019.

T9: Auditing expert with more than 10 years of experience - For payment

Total Budget **1000,00 €**

The contract is concluded on :31.01.2019.

T10: Training and External technician that will provide support for the system - For payment

Total Budget **15500,00 €**

The contract is concluded on 29.05.2019.

Organization of the remaining tasks of the Project

In this final session of the Workshop, where the project managers from two Greek Beneficiaries, the external experts and from the LB, Mr George Stefanidis, Ms Maria Gatoula and Ms Ismini Karageorgi also participated, an in depth cooperation took place which ended up in the following proposals for the implementation of the project and the new timetables that each Project Beneficiary proposed (considering the fact that a small -

three months - extension of the project will be requested). The general perspectives are also presented in the Summary section.

In managerial perspective we provide a little bit more detailed analysis to what was concluded:

- The new LB's and PB2's representatives decided to speed up their work and progress in order to finalize the project as soon as possible and proceed to Verifications of the amounts that are already spend. There was mentioned the need of those Verifications and all the representatives informed about the JS's side that "all the Greek Beneficiaries must proceed immediately to Verifications and First Level Control of the amounts". This fact was taken into account by the Municipalities representatives and will soon be more progress on that issue.
- A request for three months extension of the project and a small budget modification of PB3's deliverables will be requested from the JS in order each Beneficiary to successfully complete the e-SOHECA project. Also, this three month extension will help LB and PB2 to proceed to the above Verifications and to finalize some dissemination deliverables that was postponed.
- A new time schedule was established, taking into account the requested time extension of the project and it is attached below.
- Dissemination works which was postponed until the new elected Municipalities authorities in Greece take on, will proceed and inform the public for the e- SOHECA project. For this, all the dissemination material will be produced and delivered to the Municipalities, Conferences will take place and Studies will be presented on them.

Attached below the time schedules of each PB

Δήμος Νέστου					
	2019				2020
	9ος	10ος	11ος	12ος	3ος
Tender 1					
T.1.2 (D.1.1.2 Project Management)					
Minutes of meetings					
Progress report (one per 6 months)					
Project modification - re estimation					
Budget requests					
Tenders technical specifications					
Final project report					
Tender 2					
D.2.1.1 Website					
D.2.1.2 Newsletters					
D.2.1.2 Leaflets					
D.2.1.4 Workshops					
D.2.1.8 Conference					
D.2.1.4. Kick off- Close out					
D.3.1.2 Est. national and regional standards					
D.3.1.3 International trends					
D.3.1.4. Comm Practices (GR - BG)					
D.3.1.3 Common Integrated Access Plan					
Tender 2.1. Νέα Έκδοση					
D.3.1.2 - D.3.1.3 Lawyer Costs					
Tender 2.2. Νέα Έκδοση					
D.2.1.1. Updating the website					
Tender 2.3. Νέα Έκδοση					
D.6.1.1 Contribution to the training					
Tender 3 works					
Tender 4 Finalized					
Tender 5					
Pilot Phase Tender 5 Finalized					
Final Phase - Tender 5					
D.5.1.5 Teams - Spots - Equipment S/W					
D.5.1.5. Technician					
D.6.1.1. Training of staff					
D.6.1.2. Training of citizens					
D.6.1.3. Training staff P U					
D.6.1.4. Training of staff W. H.					
D.6.1.5. Training of staff & citizens					
D.1.1.5. First Level Control					

Δήμος Τονταρίου					
	2019				2020
	9ος	10ος	11ος	12ος	3ος
Tender 1					
D.1.1.3 Project Management					
Minutes of meetings					
Progress report					
Project rescheduling					
Final report					
D.2.2.2. Newsletters					
D.2.2.2. Leaflets					
D.2.2.3 Conference					
Tender 1.1. Νέα Έκδοση					
D.2.2.1 Update of the Website					
Tender 1.2. Νέα Έκδοση					
D.5.2.1 Ensure the proper running of the system					
D.5.2.2. Support to the citizens					
Tender 2 Air Condition - Finalized					
Tender 3 Hardware & Medical Equipments - Finalized					
Tender 4 - Application S/W & Training					
D.5.2.1 Upgrade of the existing Application - Finalized					
Pilot Phase - Tender 4 - Finalized					
Final Phase - Tender 4					
D.5.2.2. Apps for citizens					
D.5.2.3. Teams & Spots S/W					
D.5.2.4. Special mobile & web platform					
D.5.2.5. Hosting/Installation/support/transport					
D.6.2.2. Training of staff					
D.6.2.3. Training of citizens					
D.6.2.4. Training of staff proper utilization of WebHealth					
D.6.2.5. Training of citizens proper utilization of app.					
D.1.1.5. First Level Control					

Municipality of Zlatograd								
	2019							
	9oç		10oç		11oç		12oç	
Tender 2								
D.1.3.3 Project management P3								
Tender 4								
D.2.3.2 Newsletters (2 items)								
D.2.3.3 Conference costs								
D.2.3.4 kick off and close out meetings								
Tender 5								
D.3.3.2 Establishment of the national and regional standards								
Tender 7								
D.4.3.2 Purchase of ambulance								
Tender 10								
Team's Software								
Spot's Software								
External technician								
Training of staff regarding common working guidelines of e-Social Health Care								
Training of Citizens regarding the utilisation of the medical equipment								
Training of Staff regarding the proper utilisation of the medical equipment								
Training of staff regarding the proper utilisation of the Web Health System								
Training of staff and citizens for the appropriate utilisation of the application								

PICTURES



Picture 2: Del.1.1.4_ Workshops (Experts to provide expertise during the workshops-2 workshops)-1st Workshop 09/2019



Picture 3: Del.1.1.4_ Workshops (Experts to provide expertise during the workshops-2 workshops)-1st Workshop 09/2019



Picture 4: Del.1.1.4_ Workshops (Experts to provide expertise during the workshops-2 workshops)-1st Workshop 09/2019



Picture 5: Del.1.1.4_ Workshops (Experts to provide expertise during the workshops-2 workshops)-1st Workshop 09/2019



Picture 6: Del.1.1.4_ Workshops (Experts to provide expertise during the workshops-2 workshops)-1st Workshop 09/2019



Picture 7: Del.1.1.4_ Workshops (Experts to provide expertise during the workshops-2 workshops)-1st Workshop 09/2019



Picture 8: Del.1.1.4_ Workshops (Experts to provide expertise during the workshops-2 workshops)-1st Workshop 09/2019



Picture 9: Del.1.1.4_ Workshops (Experts to provide expertise during the workshops-2 workshops)-1st Workshop 09/2019



Picture 10: Del.1.1.4_ Workshops (Experts to provide expertise during the workshops-2 workshops)-1st Workshop 09/2019

2nd Workshop

The 2nd workshop implemented in 17.01.2020 in the Municipality of Topeiros. Below is a detailed presentation of the information material from the 2nd workshop.

**Promoting social inclusion, combating poverty
and any discrimination**

“ e-Social Health Care”

- e-SOHECA -

Provisional Agenda - Conference

17 January 2020

Venue: Town Hall

Municipality of Topeiros, Greece



Friday 17 January 2020		
15:00 - 15:15	Attendance of Participants	
15:15 - 15:30	Mayor of Topeiros Welcome to participants. General presentation of the project.	Mr, Thomas Mihoglou
15:30 - 16:00	Detailed Presentation of the project e-SOHECA	Dionysis Kallikourdis PLEGMA S.A. Business Consultants
16:00 - 16:20	Detailed Presentation of the project of Municipality of Topeiros	Ioannis Siamidis Project Manager Municipality of Topeiros
16:20 - 16:40	Electronic Social Care and Welfare Telemedicine International and European Trends, Legislative Frameworks Greece Bulgaria	Konstantinos Stavropoulos Business Consultant
16:40 - 17:00	Coffee Break	
17:00 - 19:40	Presentation of the e-SOHECA Information System On line operation	Manolis Dimakareas GNOSIS Computers
17:40 - 18:00	Proposals for the extension of the project	Dionysis Kallikourdis
18:00 - 18:30	Questions - Answers	



“ e-Social Health Care”

The Municipality of Topeiros is inviting you to attend

the 2nd Worskhop of the **e-SOHECA** project

on Friday, January 17, 2020, at 15:00 pm

at the Town Hall of The Municipality of Topeiros


The Project is co-funded by the European Regional Development Fund (ERDF) and by national funds of the countries participating in the Interreg V-A “Greece-Bulgaria 2014-2020” Cooperation Programme.





Announcement of the Workshop

Workshop 17 January 2020

https://www.e-socialhealthcare.eu/index.php/latest-news/item/25-workshop-17-january-2020

 THE PROJECT OBJECTIVES NEWS PROGRESS INFORMATION DELIVERABLES CONTACT US






Click to preview image

Workshop 17 January 2020

Municipality of Topeiros |

On 17 January 2020, a workshop of the e-SOHECA project will be held at the Municipality of Topeiros Town Hall. The workshop is expected to focus on the detailed presentation of the e-SOHECA project, as well as on the identification of international and European trends related to telemedicine that can be exploited by the stakeholders.

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e - SOHECA Municipality of Topeiros

We are pleased to announce that our Municipality, in cooperation with the Municipalities of Nestos and Zlatograd , implements the project " **e - Social Health Care** ", with the acronym" **e-SOHECA** ".

The " **e-SOHECA** " project, which is part of the **Interreg VA Cross-Border Cooperation Program Greece - Bulgaria 2014 - 2020**, is in the process of completion.

Progress of the e-SOHECA project

The Electronic System of Social Care and Welfare has been created and installed, to which all the Citizens of the collaborating Municipalities have access, while at the same time they have been upgraded with equipment and maintenance works, regional clinics of the areas.

Our Municipality has proceeded to:

- Supply of Air - condition units, which have been installed in the Social Care points
- Supply of Medical Equipment and Software
- Installation of equipment at Social Care points
- Provision of equipment to Cultural - Sports clubs

Supply of Air-condition units

The supply of eight Air - condition units has been completed, which have been installed in Agricultural Clinics and scavengers of our Municipality.

Supply of Medical Equipment and Software

Our Municipality for the needs of the operation of the Electronic System of Social Care and Welfare, has proceeded with the supply:

- Fixed Computer Systems
- Laptops _ _
- Laser technology printers
- Tablets for sending Medical data to the system
- Smart Device for measuring critical health data
- Glucose meters

- Scales

Which have the corresponding Software, which allows the exchange of data between them and the sending of Medical data to the Electronic System of Social Care and Welfare.

Installation of equipment at Social Care points

All the Medical Technological equipment has been delivered and installed in selected Regional Agricultural Clinics, which are the following:

Evlalou (Headquarters of the Municipality) Erasmiou

- Countryside
- Archers

Portable electronic equipment (15 " Laptop has also been provided PC) and medical equipment in:

- KAPI Municipality (1)
- Help at Home (1)
- City Hall (3)

Provision of equipment to Cultural - Sports clubs

Selected medical equipment has been distributed to Cultural and Sports clubs and they have been provided with the corresponding training in its use. The clubs are:

- Sea (2)
- Embroidery (1)
- Archers (1)
- Avatou (1)
- Manganese (1)
- Erasmiou (1)
- Kúpvou (1)
- Cell (1)
- Evlalou (1)

Project extension

Having now completed the project, the Managing Authority of the INTERREG GREECE - BULGARIA program, gave us the opportunity to submit a project extension proposal, which we are discussing with the Project Management Consultant, the company PLEGMA.

The main goal of the new proposal is:

- Modernization of Clinics
- New equipment for the operation of the System

- Telemedicine system

The Consultant is already doing Market Research for the Telemedicine system, while at the same time our Municipality is recording the needs for the modernization of its Clinics.

At the end of the meeting there will be a simple presentation of the extension of the project, with emphasis on the topic of Telemedicine.